

# ITMVC

International Taekwondo Mustang Championship  
 POOMSAE . FREESTYLE . PARA . FAMILY . KICKING  
 Austria . Europe . Vorarlberg

04.07.21  
 ONLINE



# International Taekwondo Mustang Championship 2021 (ITMC)

**NOW ONLINE**

**04.07.2021**

Recognized Poomsae, Family Poomsae, Freestyle, Para  
and Kicking Challenges



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**1. Organizer:** Taekwondo Mustang-Feldkirch  
Eve Hepp  
+43 664 227 3972  
itmc.taekwondo.mustang@gmail.com  
<https://taekwondo-mustang.group>  
ZVR-Number: 1373220539

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**2. Referee** GM Johanna Bliem  
**Director:** 7<sup>th</sup> DAN  
WT International Referee  
bliem.mj@kufnet.at

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**3. Technical and scoring** Master Peter Nestler  
6<sup>th</sup> DAN  
**Director:** WT International Referee  
peter.nestler@dojang.at

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**4. Program:** **15.05.21, Saturday**  
(CEST) 08:00 - Registration **starts**

**19.06.21, Saturday**

12:00 - Head of teams and coaches meeting

**Zoom conferencing - Join**

<https://us02web.zoom.us/j/82704380801?pwd=cDNlbStrdXU5T2N4WFU4Z2ZkVnY1Zz09>

Meeting ID: **827 0438 0801**

Passcode: **ITMC2021**

**19.06.21, Saturday**

13:00 - Referee team zoom meeting

**21.06.21, Monday**

23:00 - Deadline for the **Entry fees**

The athletes who have paid the entry fees on Martial Events may upload their YouTube links.

**27.06.21, Sunday**

23:00 - Deadline for the **uploading** of the videos.

- Registration **closes**

**04.07.21, Sunday**

23:00 - Disclosure of the results.



5. **Registration:** **Deadline: 15.05.2021, 23:59 CEST**  
**Martial Events**  
<https://www.martial.events/en/events/international-taekwondo-mustang-championship-3-online-2021>
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6. **Closing date:** **27.06.2021, 23:59 CEST, Sunday (online platform)**
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7. **Age:** All age categories are based on the year of birth.
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8. **Condition of participation:** All participants must follow World Taekwondo Rules.  
They must be athletes registered for a member club from World Taekwondo Federation.
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9. **Uniforms:** White collar or Poomsae doboks - **Colour** belts  
Black and red collar or Poomsae doboks – **only Poom** grades  
Black collar or DAN Poomsae doboks – **only DAN** grades
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10. **Entry fees:** **Per entry**  
€ 20 – per single  
€ 20 – per pair  
€ 20 – per team  
€ 20 – per kicking challenge  
a. **Fees** are not refundable once transferred.  
b. Only **one medal** is issued per each entry, unless requested.  
c. **Postage fees for medals** outside Austria are borne by the receivers.  
d. **Privacy policy:** All competitors and parents agree with the publication of their names in the results and with photographs being taken during the tournament and the award ceremony, in which they can also be named online.  
e. **NO REFUND.** There is no refund of any entry fees paid. The entry fees cover all our technical, software, IR, medals, and other related costs.
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11. **Bank details:** **Martial Events**  
All payments are paid through the Martial Events' platform.
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12. **Head of teams and coaches:** a. There is only one head of team in each club.  
b. Only the head of team is authorized to register, withdraw, make changes and pay the entry fees and penalties.  
c. Medals would be sent to the head of team.
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13. **Rights of the organizer:** a. The organizer has the right to change the terms and conditions during the event.  
b. The organizer has the right to accept, reject and disqualify any athletes or clubs that do not abide with the terms and conditions of the outlines.



<b>14. Awards:</b> Taekwondo MUSTANG would not participate in the scoring of the team medals.	<b>Athlete's medals (all categories)</b> 1 <sup>st</sup> place – gold medal 2 <sup>nd</sup> place – silver medal 3 <sup>rd</sup> place – bronze medal 4 <sup>th</sup> place – bronze medal  Every winner gets a certification of merit.	<b>Team's medals</b> (Points for all categories would be added to award the winning teams.) Gold medal - 9 points Silver medal - 3 points Bronze medal - 1 point (only the 3 <sup>rd</sup> place)  Only those categories with competitors are taken into consideration. For example: Gold medal – minimum 2 starters Silver medal – minimum 3 starters Bronze medal – minimum 4 starters
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<b>15. Methods of competition:</b>	a. <b>Two</b> Patterns in the <b>final</b> round. b. All classes can choose the Patterns from the pool. c. Class A must choose at least <b>one DAN</b> form.
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<b>16. Classes:</b>	<b>Class A</b> – Poom and DAN <b>Class B</b> – 1 <sup>st</sup> - 4 <sup>th</sup> KUP <b>Class C</b> – 5 <sup>th</sup> - 8 <sup>th</sup> KUP <b>Class D</b> – 9 <sup>th</sup> - 10 <sup>th</sup> KUP <b>*No mixture between the classes.</b>
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<b>17. Pair:</b>	<b>Class A</b> – male & female <b>Class B, C, D</b> – any combinations <b>*Athlete can only compete once in each category.</b>
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<b>18. Team:</b>	<b>Class A</b> – male, male, male or female, female, female <b>Class B, C, D</b> – any combinations <b>*Athlete can start only once in a category.</b>
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<b>19. Age combination:</b>	Athletes from <b>respective</b> classes <b>COULD</b> form a pair or team with different <b>age</b> group! But they must compete in the <b>highest</b> age group and perform the <b>self-chosen</b> Poomsae for that <b>age</b> group. For example: <i>If a 29-year-old female teams with a 15-year-old female and a 14-year-old female, they must compete in "under 31" class and all three should be able to perform the self-selected patterns from the latter class. (Taegeuk 4 – Pyongwon)</i>
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<b>20. Choice of Patterns:</b>	<b>Every</b> athlete from all classes could <b>choose</b> their favourite patterns. ** Class A athletes must choose at least <b>one DAN</b> form. ** Class D athletes can <b>repeat</b> the form.
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**21. Age, categories, and choice of Patterns:**

Age	Category	Choice of Patterns
Under 7 years old 2013	Bambini	Taegeuk 1,2,3
7 – 11 years old 2014 - 2010	Children	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8
12 – 14 years old 2009 - 2007	Cadet	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo, Kumgang
15 – 17 years old 2006 - 2004	Junior	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Kumgang, Taebaek
18 – 30 years old 2003 - 1991	under 31	Taegeuk 4, 5, 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon
31 – 40 years old 1990 - 1981	under 41	Taegeuk 5, 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
41 – 50 years old 1980 - 1971	under 51	Taegeuk 6, 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae
51 years old and above –1970	over 50	Taegeuk 7, 8, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon

**22. FREESTYLE:  
Age, divisions, grades and rules**

- All contestants are to abide to WT freestyle rules.
- They must follow the compulsory sequence.
- Mixed team of 3 and 5 can consists of all gender.
- Only instrumental music is allowed
- Length of the performance: 90 – 100 seconds
- Athletes are **NOT** allowed to perform on gymnastic floors.

Age	Category	Grades / Combinations
7-17 years old 2014 - 2004	Below 18	<ul style="list-style-type: none"> <li>• Single (KUP/DAN)</li> <li>• Pair (all grades are allowed)</li> </ul>
above 18 years old from 2003	18 and above	<ul style="list-style-type: none"> <li>• Mixed team of 3 (all grades are allowed)</li> <li>• Mixed team of 5 (all grades are allowed)</li> </ul>

**23. Para TKD:**

- Regardless of ages, categories and grades, all para-athletes are to perform **two** self-selected recognize WT Poomsae in the finals. (Taegeuk 1 to Hansu)
- The Para athletes can repeat the form, but they must perform the same form twice. They are to send two video links on Martial Events.

Single – 1 athlete (f/m)		
Age category	Divisions	
<ul style="list-style-type: none"> <li>• Under 31 (1991 and above)</li> <li>• 31 years old and above (1990 and below)</li> </ul>	P11/P12/P13	– Visual impairments
	P20	– Intellectually impaired
	P31/P32/P33/P34	– Physical impairments
	P40	– Limb deficiency
<b>Classes</b>	P50	– Wheelchair classes
<ul style="list-style-type: none"> <li>• KUP</li> <li>• DAN</li> </ul>	P60	– Deaf
	P70s	– Short stature

**24. Family Poomsae:**

- a. Regardless of ages, categories and grades, all athletes are to perform **two** self-selected recognized WT Poomsae in the **finals**.
- b. The patterns are **not** allowed to be repeated, except for the 9<sup>th</sup> and 10<sup>th</sup> KUP athletes.
- c. Family Poomsae is open for all siblings, parents, grandparents, aunts and uncles.
- d. **Coaches/Trainers** and their **athletes** could start in this category. (TKD Family)
- e. The **pairs** and **teams** would start in the **eldest** member age category.

For example:

*If a 52-year-old coach/trainer would start with his 19-year-old athlete, they would start in "51 and above" age category.*

Age/Category	Combination	Patterns / Class
7 – 17 years old	<ul style="list-style-type: none"> <li>• Pair</li> <li>• Team of 3</li> </ul>	Taegeuk 1 – Hansu
18 – 30 years old		Class: <ul style="list-style-type: none"> <li>• KUP</li> <li>• DAN</li> </ul>
31 – 50 years old		
51 and above		

**25. Kicking Challenges:**

Jumping YOP-CHAGI (horizontal)		
Criteria	Parameters	Classes / Ages
Technical 6 points	<ul style="list-style-type: none"> <li>• Athlete's height</li> <li>• Highest point of the <b>kicking heel</b></li> <li>• Lowest point of the <b>supporting foot</b></li> </ul>	1. Class A 2. Class B 3. Class C 4. Class D
Performance 4 points	<ul style="list-style-type: none"> <li>• Power &amp; Speed</li> <li>• Execution of kick (no swinging)</li> <li>• Position of the supporting foot</li> <li>• Chi-energy</li> </ul>	<b>Ages</b> 1. Children 2. Cadet 3. Junior 4. Under 31 5. Above 30

Jumping AP-CHAGI (vertical)		
Criteria	Parameters	Classes / Ages
Technical 6 points	<ul style="list-style-type: none"> <li>• Athlete's height</li> <li>• Highest point of the kicking foot</li> <li>• <b>Jumping factor</b> (to be decided by referees)</li> </ul>	1. Class A 2. Class B 3. Class C 4. Class D
Performance 4 points	<ul style="list-style-type: none"> <li>• Power &amp; Speed</li> <li>• Execution of kick (no swinging)</li> <li>• Position of the supporting foot</li> <li>• Chi-energy</li> </ul>	<b>Ages</b> 1. Children 2. Cadet 3. Junior 4. Under 31 5. Above 30

PANDAL-CHAGI/roundhouse kick (number of kicks in <b>ONE MINUTE</b> )	
Criteria	Classes / Ages
1. The target must be at the athlete's <b>belt</b> level. 2. Use either the right OR the left leg. <b>Not</b> both. 3. The kicking leg must be placed on the floor, <b>in front</b> of the body before kicking another time. 4. The highest number of correct kicks onto the target wins.	1. Class A 2. Class B 3. Class C 4. Class D  <b>Ages</b> 1. Children 2. Cadet 3. Junior 4. Under 31 5. Above 30

**26. Rules for video recording:**

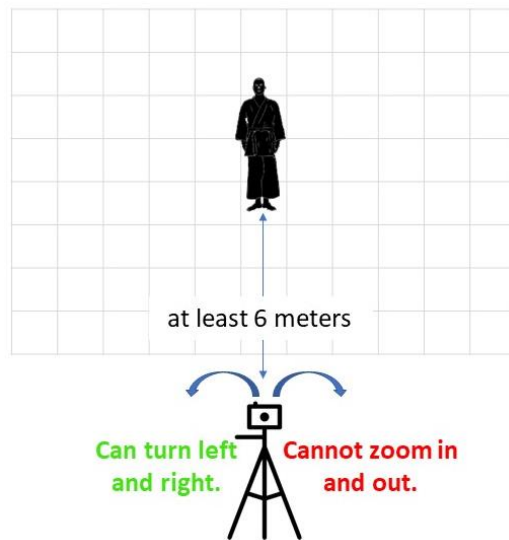
**Recognised Poomsae, Family Poomsae, Freestyle and Para Poomsae.**

- a. Commands (can be given by the coach or the athletes themselves):  
 Start: Charyeot, Kyongne, Joonbi, Shijak, start performing.  
 End: Charyeot, Kyongne
- b. The participants should separate their two patterns into **two** videos.
- c. The camera can turn left and right but it must not zoom in and out.
- d. Only the country's national flags can be hung in the background.
- e. No religious or political posters or flags are allowed.
- f. No footwear, socks, or jewellery.
- g. The participants' whole body must be visible throughout the execution of the patterns.
- h. It is not mandatory to perform on competition mats.
- i. Outdoor recordings are allowed.
- j. Freestylers are **not** allowed to perform on **gymnastic tumbling floors**.
- k. Freestyle videos should have a resolution of 1080p (HD), minimum resolution 720p (HD) at **60 frames** per second each.
- l. No editing of the videos. Exception: the display of the athlete's name(s)

m. Name: Please name your videos as follows:

Recognized-Poomsae-B-Curtin-Anna-Poomsae1  
 Family-Poomsae-A-Weber-John-Poomsae2  
 Para-DAN-Wesley-Johnny-Poomsae1  
 FS-Müller-Hannah  
 Kicking-Pandaechagi-C-Wong-WeiQiang

Discipline	Class	Surname + First name	Poomsae #
Recognized Poomsae / Family Poomsae / Para / FS / Kicking Yop chagi Kicking Ap chagi Kicking Pandae chagi	A / B / C / D	Last Name First Name	Poomsae1 Poomsae2  FS and kicking challenges have only 1 video

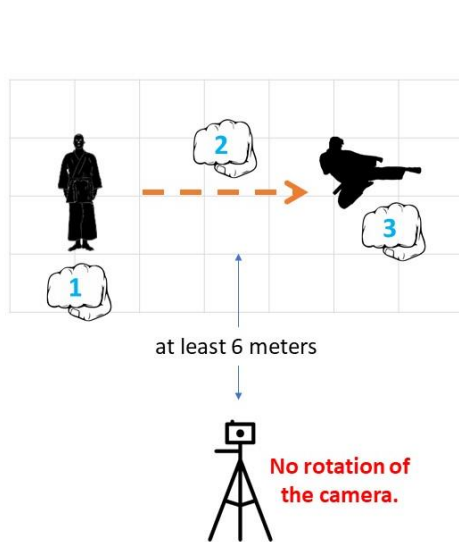


**Kicking challenges:**

- All kicking challenges **MUST** be performed on 1 meter x 1 meter competition mats, so that the software can measure the kick efficiently.
- Stand straight while facing the camera so the software could measure your height.
- Commands (can be given by the coach or the athletes themselves):  
 Begin: Charyeot, Kyongne, Joonbi (Kihap), Shijak ---- start kicking  
 End: Charyeot, Kyongne
- Execute the jumping Yop chagi / Ap chagi **parallel** to the camera.
- The kicks could be performed outdoor on 1 M x 1 M competition mats.
- No outside support to assist the vertical kick.
- There is no need for a target. The technical aspect would be measured by the software. The presentation aspect would be judged by the Judges.



- h. The execution and targeting for the Pandae chagis must be visual in the video.
- i. Be careful! **0.3 point** would be deducted from every part of the body that are not in the video.
- j. Check out the videos on our YouTube channel.  
**ITMC-International Taekwondo Mustang Championship**  
<https://www.youtube.com/channel/UC20NwlmY2ywi4tEMFmD9NSA>
- k. Set your videos to either 'unlisted' or 'open to everybody'. Videos put on 'private' cannot be watched and will automatically lead to a **DSQ**.



**1** Give the following commands while facing the camera.

- Charyeot
- Kyongne
- Joonbi
- Shijak
- Kihap

**2** Execute the kick parallel to the camera.

**3** Give the following commands while facing the camera.

- Charyeot
- Kyongne

**27. Rules to video uploading:**

- a. Upload your videos on YouTube.
- b. Separate your two videos (for the finals) and upload it separately to YouTube.
- c. Upload only one videos for each kicking challenges.
- d. Submit the YouTube link on Martial Events once you have paid the entry fees.

**28. COVID-19 regulations:**

- a. Please abide to the COVID-19 rules in your countries.
- b. Please avoid physical contact with your partner during the performance.
- c. The partner who is holding the kicking mittens should wear masks during the kicking challenge "Pandae chagi".
- d. The athletes do not need to wear any masks during the performance of the Patterns.

**29. Protest:**

- a. Only the head of team can is accepted for a protest.
- b. Protest should be made ten minutes after the disclosure of the results.
- c. A fee of **100 Euros** is to be paid immediately payable to the referee director.
- d. The protest fee will be refunded if the protest is found legitimate.

**30. Certification of participation:**

Every participant would receive a digital certification of participation through by e-mail.

**31. Disclaimer:**

The organising committee of the Taekwondo Mustang-Feldkirch is must not be not held responsible for any injury sustained during any of the recordings for the tournament. The competitors understand and accept all risks taken by registering for for the competition.